

# ALLERGEN MENU

## THE FERRY BOAT

Our Allergen Menu Provides Product Information Regarding Allergens In Each Dish, Our Kitchen Teams Are Trained To Adhere To This Allergen Information. Due To The Nature Of Our Food Production Environment, We Cannot Guarantee With 100% Certainty That Traces Of The Major 14 Allergens May Not Be Present In Your Dish.

However, We Try To Ensure Levels Are Adequately Controlled To The Best Of Our Ability.

\*Some Items Are Cooked In The Same Deep Fat Fryer And May Contain Traces Of All Allergens; This Is Indicated With **(DEEP FRIED ITEMS)**

### STARTERS:

#### **Mushroom & tarragon soup**

Warm bread, garlic olive oil.

**Contains: milk, gluten.**

#### **CRISPY SALT & PEPPER SQUID. ( DEEP FRIED ITEM)**

GARLIC MAYO, GREEN SALAD

**CONTAINS: MOLLOUS, GLUTEN, MILK, MUSTARD, EGG, WHEAT.**

#### **Breaded whitebait.**

Dressed salad, tartar sauce, fresh lemon.

**Contains: fish, gluten, eggs, sulphates, mustard.**

#### **MEXICAN CHICKEN GOUJONS. (DEEP FRIED ITEM)**

CHIPOTLE MAYO, GREEN SALAD.

**CONTAINS: GLUTEN, EGG, MUSTARD, WHEAT, CELERY.**

#### **GRILLED HALLOUMI.**

CHILLI JAM, DRESSED SALAD.

**CONTAINS: MUSTARD, MILK.**

#### **Bbq cauliflower hot wings.**

Plant based aioli, Korean hot sauce

**Contains: mustard, sulphur**

#### **FLATBREAD, OLIVES AND HUMMUS.**

FLATBREAD, OLIVE OIL AND BALSAMIC.

**CONTAINS: sulphur dioxide, sesame.**

**Mains.**

**Spicy five bean chilli.**

Fragrant rice, guacamole, nachos.

**Contains: CELERY, MUSTARD ( MAY CONTAIN WHEAT, MILK, SOYA, SULPHATES)**

**Ale battered fish and chips. (DEEP FRIED ITEM)**

Tatar sauce, chips, mushy peas.

**Contains: fish, egg, mustard, gluten, wheat.**

**Breaded scampi. (DEEP FRIED ITEM)**

Rustic chips, mushy peas, tartar sauce, fresh lemon.

**Contains: gluten, eggs, mustard, crustaceans.**

**Sweet potato, chickpea & coconut curry**

Fragrant rice, toasted flatbread.

**Contains: milk, mustard, sulphur, gluten.**

**Grilled chicken ceaser salad.**

Chicken breast, herb crutons, baby gem, Caesar dressing & parmesan shavings.

**Contains: gluten, milk, egg, soya, wheat, rye.**

**Slow roasted pork belly.**

Herb crushed new potatoes, fresh vegetables & cider sauce.

**Contains: SULPHATES, dairy.**

**Lincolnshire sausage and mash.**

Seasonal vegetable, creamy mash, rich meat onion gravy.

**Contains: gluten, milk, sulphur.**

**STEAK AND ALE PIE.**

Buttered mash or chips, seasonal veg, rich meat gravy.

**CONTAINS, GLUTEN, SOYA, EGG, MILK.**

**Basil pesto, tomato & mozzarella salad**

Herb croutons, slow roasted tomato, olives, red onion and balsamic reduction.

**Contains: sulphur, gluten, nuts**

**Chicken and ham pie.**

Creamy mash or chips, seasonal vegetables, rich meat gravy.

**Contains: gluten, soya, eggs, milk.**

**Slow roasted beef chilli.**

Fragrant rice, nachos, sour cream, guacamole.

**Contains: celery ( may contain wheat, milk, soya, sulphur)**

**8OZ RUMP STEAK.**

Roasted tomato, field mushroom, chips, onion rings.

**CONTAINS, DAIRY, GLUTEN, SULPHATES.**

**Falafel, spinach & feta burger,**

Hummus, olives, tomato, baby gem, gherkins, chips

**CONTAINS, MUSTARD, GLUTEN, SULPHATES, MILK (MAY CONTAIN SESAME SEED)**

**HUNTERS CHICKEN BURGER.**

Smoked bacon, bbq sauce, cheddar, baby gem, tomato, gherkin and chips.

**CONTAINS, EGGS, GLUTEN, SULPHATES, MUSTARD, MILK.**

**THE RAINBOW BURGER.**

Beef burger, cheddar, baby gem, mustard mayo, tomato, gherkin and chips.

**CONTAINS: GLUTEN, MUSTARD, EGG, MILK, SULPHATES.**

**SHARERS**

**FISH BASKET.**

**Breaded scampi, whitebait, salt and pepper squid, tartar sauce, fresh lemon.**

**Contains: crustaceans, molluscs, fish, eggs, mustard, sulphur.**

**Naked Nacho's.**

**5 bean chilli, guacamole, salsa.**

**Contains: CELERY, MUSTARD ( MAY CONTAIN WHEAT, MILK, SOYA, SULPHATES)**

**Beef chilli nacho's**

**Beef chilli, guacamole, salsa, cheese, sour cream.**

**Contains: CELERY, MUSTARD ( MAY CONTAIN WHEAT, MILK, SOYA, SULPHATES)**

**Chips and dips**

**May contain; eggs, gluten, sulphur, soya.**

**Cheesy chips and dips.**

**May contain; eggs, gluten, sulphur, soya.**

**Burritos**

**All burritos served with rice, guacamole, cheese, salsa, sour cream, chips & salad.**

**All contain: gluten, milk, sulphates, soya, mustard.**

**5 bean chilli**

**Contains: CELERY, MUSTARD ( MAY CONTAIN WHEAT, MILK, SOYA, SULPHATES)**

**Slow cooked beef chilli**

**Contains: CELERY, MUSTARD ( MAY CONTAIN WHEAT, MILK, SOYA, SULPHATES)**

**Chipotle chicken.**

**Contains: eggs, mustard, sulphates.**

**BAGUETTES**

**CHEEDER AND CHUTNEY**

**CONTAINS, GLUTEN, MILK, SULPHATES,**

**Sausage and caramelised onion**

**CONTAINS, GLUTEN, MILK, SULPHATE.**

**CHICKEN, BACON, PESTO & MOZZARELLA.**

**CONTAINS, GLUTEN, MILK, MUSTARD, SULPHATES, NUTS.**

**FISH GOUJONS AND TARTAR ( DEEP FRIED ITEM)**

**CONTAINS, GLUTEN, EGGS, MUSTARD, FISH, SULPHATES.**

**Falafel, hummus & olive**

**CONTAINS, MUSTARD, GLUTEN, SULPHATES, MILK (MAY CONTAIN SESAME SEED)**

**DESSERTS.**

**DOUBLE CHOCOLATE BROWNIE.**

Chocolate sauce, vanilla icecream.

**CONTAINS,WHEAT, EGGS, MILK.**

**STICKY TOFFEE PUDDING**

Toffee sauce, vanilla custard or ice cream

**CONTAINS, WHEAT, EGGS, MILK**

**NEW YORK CHEESECAKE.**

Berry compote, fresh mint.

**CONTAINS, MILK, GLUTEN.**

**Tarte au citron.**

**Contains: gluten, eggs, milk.**

**SUNDAY ROASTS:**

**ROAST BEEF**

**WITH ROAST POTATOES, SEASONAL VEGETABLE, STUFFING, YORKSHIRE PUDDING, GRAVY**

**CONTAINS, GLUTEN, MILK, EGGS, CELERY, SULPHATES.**

**ROAST CHICKEN**

**WITH ROAST POTATOES, SEASONAL VEGETABLE, STUFFING, YORKSHIRE PUDDING, GRAVY**

**CONTAINS, GLUTEN, MILK, EGGS, CELERY, SULPHATES.**

**Roast pork and crackling.**

**WITH ROAST POTATOES, SEASONAL VEGETABLE, STUFFING, YORKSHIRE PUDDING, GRAVY**

**CONTAINS, GLUTEN, MILK, EGGS, CELERY, SULPHATES.**

**VEGETARIAN NUT ROAST**

**ROAST POTATOES, SEASONAL VEGETABLE, STUFFING, YORKSHIRE PUDDING, GRAVY**

**CONTAINS, GLUTEN, MILK, EGGS, CELERY, SULPHATES, NUTS, PEANUTS ( MAY CONTAIN SESAME SEEDS, SOYA)**

**MAIN SIDES,**

**CHEESY CHIPS AND DIPS**

**GARLIC MAYO, BBQ SAUCE, SWEET CHILLI**

**CONTAIN, EGGS, GLUTEN, MUSTARD, SULPHATES, MILK**

**House salad**

**Contains: CELERY, MUSTARD, SOYA, SULPHATES**

**GARLIC BREAD AND CHEESE**

**CONTAINS, GLUTEN, MILK,**