

Allergen Information

Menu Update: Effective SEPTEMBER 2026, with subsequent in-house reviews every four weeks.

Please read our allergen disclaimer below:

This table highlights the food items we sell that contain allergens. Our ingredients and product specifications can change. Even if you have dined with us before, you must inform our staff of your allergen or intolerance needs before placing any orders. Information in this document identifies the 14 major allergens, which relate only to the menu's ingredients, and does not consider any customisation or requests made.

Please remember that our staff are trained to adhere to this document. Any changes the customer makes will be done so at their own risk.

Unfortunately we cannot guarantee an allergen-free kitchen environment because our internal food production processes and source ingredients may have been produced in environments that handle additional allergens. While we have strong procedures for separating our food during it's preparation & cooking, sometimes this may involve shared equipment - such as deep-fat fryers and food preparation/cooking areas.

			Tick = Contains Allergen													
			Tick = May Contain Allergen (stated by supplier)													
			Tick = Deep Fried Item Food items share the same deep-fat fryers. Therefore elements of the 14 allergens are present. Please ask a member of staff for more information													
		Deep Fried Item	Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts	Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs
Starters																
La Mancha-Style Patatas Bravas																
Charred Leek & Potato Soup (GLUTEN-FREE BREAD AVAILABLE)			Wheat													
Whitebait & Tartare Sauce			Wheat													
Chilli Garlic Prawn Bruschetta (GLUTEN-FREE BREAD AVAILABLE)			Wheat										Traces of Nuts			
Chicken Liver & Brandy Pâté (GLUTEN-FREE BREAD AVAILABLE)			Wheat										Traces of Nuts			

Garlic Ciabatta	☐	☒	Wheat	☒	☐	☐	☒	☐	☐	☐	☐	☐	☒	Traces of Tree Nuts	☐	☐	☐	
Beer-Battered Onion Rings	☒	☒	Wheat	☐	☐	☐	☐	☐	☒	☐	☐	☐	☐		☐	☐	☐	
Market Vegetables	☐	☐		☐	☐	☐	☐	☐	☐	☐	☐	☐	☐		☐	☐	☐	
House Salad	☐	☐		☐	☐	☐	☐	☐	☒	☒	☐	☐	☐		☐	☐	☐	
Herb Salted Chips (GLUTEN-FREE POTATO OPTION AVAILABLE)	☒	☒	Wheat	☐	☐	☐	☒	☐	☐	☐	☐	☐	☐		☐	☐	☐	
Sunday Roasts (including Childrens)	Deep Fried Item		Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts		Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs	
Garlic & Thyme Chicken (GLUTEN-FREE = NO YORKIE & STUFFING)	☐	☒	Wheat	☒	☐	☒	☒	☒	☒	☒	☒	☐	☐		☐	☐	☐	
Pork Belly & Crackling (GLUTEN-FREE = NO YORKIE & STUFFING)	☐	☒	Wheat	☒	☐	☒	☒	☒	☒	☒	☒	☐	☐		☐	☐	☐	
Roast British Beef (GLUTEN-FREE = NO YORKIE & STUFFING)	☐	☒	Wheat	☒	☐	☒	☒	☒	☒	☒	☒	☐	☐		☐	☐	☐	
Cashew, Squash & Sage Nut Roast	☐	☒	Wheat	☐	☐	☒	☒	☒	☒	☒	☒	☐	☐		☐	☐	☐	
Slow Roasted Lamb Shank (GLUTEN-FREE = NO YORKIE & STUFFING)	☐	☒	Wheat, Oats	☒	☐	☒	☒	☒	☒	☒	☒	☐	☒	Traces of Tree Nuts	☐	☐	☐	
Sunday Sides	Deep Fried Item		Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts		Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs	
Creamy Cauliflower Cheese	☐	☒	Wheat	☐	☐	☐	☒	☐	☒	☒	☐	☐	☐		☐	☐	☐	
Thyme & Sea Salt Roast Potatoes	☐	☐		☐	☐	☐	☐	☐	☒	☐	☐	☐	☐		☐	☐	☐	
Yorkshire Puddings & Gravy	☐	☒	Wheat	☐	☐	☒	☒	☒	☒	☐	☐	☐	☐		☐	☐	☐	

Caramelised Shallot & Sausage Meat Stuffing	☐	☒	Wheat	☒	☐	☒	☒	☒	☒	☒	☒	☐	☐		☐	☐	☐	
Maple & Mustard Glazed Pigs In Blankets	☒	☒	Wheat	☒	☐	☐	☐	☐	☒	☒	☐	☐	☐		☐	☐	☐	
Rustic Chips (GLUTEN-FREE POTATO OPTION AVAILABLE)	☒	☒	Wheat	☐	☐	☐	☐	☐	☐	☐	☐	☐	☐		☐	☐	☐	
Creamy Mash Potatoes	☐	☐		☐	☐	☐	☒	☐	☐	☐	☐	☐	☐		☐	☐	☐	
Childrens Menu (see main dessert section for dessert allergen info)	Deep Fried Item		Cereals containing Gluten, Eg, Wheat	Soya	Lupin	Celery	Milk	Egg	Sulphites	Mustard	Sesame	Peanuts		Nuts Eg, Walnuts, Cashew	Crustaceans	Fish	Molluscs	
Lemon & Oregano Chicken Gyros	☒	☒	Wheat	☐	☐	☒	☒	☐	☐	☐	☒	☒	☒	Traces of Tree Nuts	☐	☐	☐	
Plant-Based Burger	☐	☒	Wheat	☒	☒	☒	☐	☐	☒	☒	☒	☒	☒	Traces of Tree Nuts	☐	☐	☐	
Hunter's Chicken Burger	☒	☒	Wheat	☒	☐	☒	☒	☒	☒	☒	☒	☒	☒	Traces of Tree Nuts	☐	☐	☐	
Cheeseburger	☒	☒	Wheat	☐	☐	☒	☒	☒	☐	☐	☒	☒	☒	Traces of Tree Nuts	☐	☐	☐	
Lincolnshire Sausage & Mash	☐	☐		☒	☐	☒	☐	☐	☒	☐	☐	☐	☐		☐	☐	☐	
Breaded Wholetail Scampi	☒	☒	Wheat	☐	☐	☐	☒	☒	☒	☒	☒	☐	☐		☒	☐	☐	
Ale-Battered Haddock Goujons & Tartare	☒	☒	Wheat	☒	☐	☐	☒	☐	☒	☒	☐	☐	☒	Pine nuts and Traces of Tree Nuts	☐	☒	☐	
Tagliatelle Al Formaggio	☐	☒	Wheat	☒	☐	☒	☒	☒	☐	☒	☐	☐	☐		☐	☐	☐	